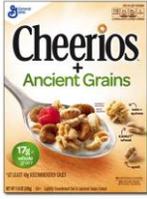


CHEERIOS					
	Flavor	Serving Size	Grams of Sugar	Creditable	Whole Grain
	Apple Cinnamon	30g	10g	NO	NOT CREDITABLE
	Ancient Grains	28g	5g	YES	NO
	Protein Oats and Honey	55g	17g	NO	NOT CREDITABLE
	Frosted	27g	9g	NO	NOT CREDITABLE
	Honey Nut	28g	9g	NO	NOT CREDITABLE
	Multi Grain	29g	6g	YES	NO
	Original	Under 4 = 21g	1g	YES	NO
		28g	1g		

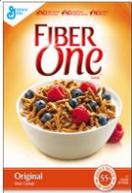
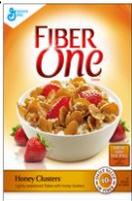
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	Protein Cinnamon Almond	55g	16g	NO	NOT CREDITABLE
	Chocolate	27g	8g	NO	NOT CREDITABLE
	Fruity	27g	8g	NO	NOT CREDITABLE
	Honey Nut Medley Crunch	31g	9g	NO	NOT CREDITABLE
	Strawberry (Limited Edition)	28g	8g	NO	NOT CREDITABLE
CHEX					
	Flavor	Serving Size	Grams of Sugar	Creditable	Whole Grain
	Chocolate	32g	8g	NO	NOT CREDITABLE
	Corn	31g	3g	YES	NO

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	Rice	27g	2g	YES	NO
	Wheat	47g	5g	YES	YES
	Cinnamon	33g	8g	NO	NOT CREDITABLE
	Honey Nut	32g	9g	NO	NOT CREDITABLE
	Vanilla	30g	8g	NO	NOT CREDITABLE
	Clusters – Fruit and Oats	52g	17g	NO	NOT CREDITABLE
CHEX GRANOLA					
	Flavor	Serving Size	Grams of Sugar	Creditable	Whole Grain
	Honey Nut	58g	13g	NO	NOT CREDITABLE

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	Mixed Berry Almond	60g	16g	NO	NOT CREDITABLE
CINNAMON TOAST CRUNCH					
	Flavor	Serving Size	Grams of Sugar	Creditable	Whole Grain
	Original	31g	9g	NO	NOT CREDITABLE
	French Toast	28g	9g	NO	NOT CREDITABLE
FIBER ONE					
	Flavor	Serving Size	Grams of Sugar	Creditable	Whole Grain
	Original	30g	0g	YES	NO
	Honey Clusters	52g	9g	YES	NO
KIX					
	Flavor	Serving Size	Grams of Sugar	Creditable	Whole Grain
	Berry Berry	33g	7g	YES	NO

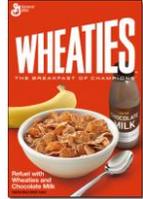
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	Original	30g	3g	YES	NO
	Honey	33g	6g	YES	NO
LUCKY CHARMS					
	Flavor	Serving Size	Grams of Sugar	Creditable	Whole Grain
	Chocolate	28g	10g	NO	NOT CREDITABLE
	Original	27g	10g	NO	NOT CREDITABLE
MONSTERS					
	Flavor	Serving Size	Grams of Sugar	Creditable	Whole Grain
	Boo Berry	33g	9g	NO	NOT CREDITABLE
	Franken Berry	33g	9g	NO	NOT CREDITABLE

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	Count Chocula	27g	9g	NO	NOT CREDITABLE
OATMEAL CRISP					
	Flavor	Serving Size	Grams of Sugar	Creditable	Whole Grain
	Hearty Raisin	62g	17g	NO	NOT CREDITABLE
	Crunchy Almond	60g	14g	NO	NOT CREDITABLE
TINY TOAST					
	Flavor	Serving Size	Grams of Sugar	Creditable	Whole Grain
	Blueberry	28g	9g	NO	NOT CREDITABLE
	Strawberry	28g	9g	NO	NOT CREDITABLE
TOTAL					
	Flavor	Serving Size	Grams of Sugar	Creditable	Whole Grain
	Whole Grain	30g	5g	YES	YES

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	Raisin Bran	53g	17g	NO	NOT CREDITABLE
OTHER CEREALS					
	Flavor	Serving Size	Grams of Sugar	Creditable	Whole Grain
	Original	32g	10g	NO	NOT CREDITABLE
	Original	27g	4g	YES	YES
	Original	55g	12g	NO	NOT CREDITABLE
	Cocoa Puffs	27g	9g	NO	NOT CREDITABLE
	Cookie Crisp	26g	9g	NO	NOT CREDITABLE
	Dora the Explorer	27g	6g	NO	NOT CREDITABLE

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	French Toast Crunch	28g	9g	NO	NOT CREDITABLE
	Golden Grahams	31g	9g	NO	NOT CREDITABLE
	Original	49g	14g	NO	NOT CREDITABLE
	Original	29g	9g	NO	NOT CREDITABLE

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